Ringwood Private Hospital palliative care is about living well, with the best possible quality of life, even in the face of serious illness. It brings together a team of health professionals who are committed to caring for the whole person, not just their illness and to supporting their loved ones every step of the way.

# **Enquiries:**

Call Ringwood Private Hospital on (03) 8804 4000

#### Additional resources:

Palliative Care Australia (PCA) is the national peak body for palliative care. For more information please visit: palliativecare.org.au





Carparking available.
No fees apply



36 Mt Dandenong Road, Ringwood East VIC 3135 P 03 8804 4000 | F 03 8804 4111 ringwoodprivatehospital.com.au



# Palliative care

**Patient Information** 





#### What is palliative care?

Palliative care is specialised and tailored health care that supports people living with a life-limiting illness, along with their families and carers.

Its focus is on assisting patients live as well as possible by managing pain and other physical symptoms, while also providing emotional, spiritual, and practical support.

It recognises that each person's experience is unique, and that care should be tailored to the needs and wishes of the patient and their loved ones. Support is provided not only for physical symptoms but also for other challenges that may arise.

Importantly, palliative care is not about hastening or delaying death. It's about promoting comfort, dignity, and quality of life - supporting people to live fully, for as long as possible.

## Who is palliative available to?

Palliative care is for anyone who has been diagnosed with a life-limiting illness.

• Patients may receive palliative care for illnesses such as cancer, neurological conditions including neurone disease, advanced dementia, or end-stage heart, kidney or lung disease.

This care extends beyond the patient—it also offers vital support to families and carers, helping them cope with the challenges of illness and caregiving.

### When does palliative care start?

Palliative care can be introduced at any stage of a life-limiting illness, not just at the end of life. For many people, receiving palliative care early, sometimes from the time of diagnosis, can assist in managing symptoms and planning to ensure that care aligns with the values, goals and needs.

Care can be provided alongside other medical treatments, such as chemotherapy or dialysis, or when curative treatments are no longer an option. Some people receive palliative care intermittently, depending on their needs, while others may have an ongoing relationship with a palliative care team throughout their illness.

Accessing palliative care early allows time for thoughtful planning, clear communication, and the development of a support system that adapts as needs change.

As a person nears the end of life, palliative care continues to ensure comfort, dignity, and compassionate support.

## Can I go home from palliative care?

It is common for people receiving palliative care to go home between periods of inpatient care. In some instances, alternative and more suitable accommodation, such as aged care, may be considered.

# About Ringwood Private Palliative care

The Ringwood Private Hospital palliative care unit is a private facility consisting of a 5-bed unit ward with large and natural light filled rooms. Our experienced and compassionate multidisciplinary team works together to ensure each patient receives the highest level of care.

#### Care is provided collaboratively by:

- Specialist palliative care doctors
- Dedicated nursing team
- General physicians
- Geriatricians
- Medical oncologists
- Social worker
- Pastoral care providers
- Physiotherapists
- Dieticians

# How do I access Ringwood palliative care?

We provide direct and timely admission for patients at home, aged care facilities or other hospitals who require in need of palliative care.

## Referrals can be made by:

- General practitioners
- Treating specialists
- Community palliative care agencies

#### **Funding:**

As a private health facility, health insurance is required.

Patients are encouraged to check with their private health insurer to confirm whether their level of cover includes palliative care.