

Welcome

Welcome to Ringwood Private Hospital. Our aim is to ensure a smooth and positive experience for you and your child. Ringwood Private Hospital is a child safe organisation, we have put in place processes and safe guards to ensure the safety of your child is maintained. Our Child Safety Charter is on display in the hospital foyer. If at any stage you are concerned or have a question, please do not hesitate to ask one of our staff.

Admission

You may have a short wait prior to your child's procedure, the admission time allows our nursing staff to prepare you and your child for their procedure.

Fasting can be a very difficult time for you and your child, for your child's safety it is really important to follow the fasting guidelines that have been given to you.

You will be taken into theatre with your child and once they are off to sleep you will be escorted out and asked to wait for a phone call from the nurses. Please know that we will make every possible effort to reunite you with your child as soon as possible.



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ABN 85 005 405 152



09/2024

Children having surgery

Information for parents



Community
of Care

 **Ringwood**
PRIVATE HOSPITAL
by Healthscope

After the procedure

After your child's procedure the nursing staff will contact you so you can be with and reassure your child. Only one parent is permitted in the Theatre/Recovery area, mobile phones are not permitted. You must stay with your child.

Every child wakes up differently, some children wake up quickly and others slowly. Some children may become distressed, we encourage you to reassure your child and help calm them. Most children settle within 30 minutes. Please speak to staff if you are concerned. Your surgeon may visit with you in Recovery or Day Surgery to let you know about the procedure. For any questions, please do not hesitate to ask any of our friendly staff.

It is important that you supervise your child at all times. There are call bells in each patient cubicle. If you feel you need the nurse at any stage, please press the buzzer. If you need help in an emergency please press the red emergency button on the wall.

Please do not take hot drinks to your child's bedside.

A bottle warmer is available if you need to heat up a bottle please ask our staff, we do not permit use of microwaves or hot water to heat bottles..

Falls

All children are at risk of falling in hospital. Your child may be attached to equipment such as drips and monitors, they may be upset, drowsy or unsteady on their feet due to their procedure and medicines they have been given. You can help by:

- Staying with your child at all times, if you need to leave the bedside tell the nurse so they can supervise until you return.
- Helping your child become familiar with their new hospital environment, talk about what is happening as appropriate for your child's understanding.
- Maintaining physical contact with your baby/child when bed rails are down
- Do not let your child stand on the bed/cot
- Shoes should be worn when walking around
- Helping your child with moving around
- Letting staff know if you see any spills or trip hazards

Remember falls can happen any time, day or night even when you are there.

Pressure Injury and Blood Clot prevention

Children at Ringwood Private Hospital are very low risk for pressure injury or blood clot development, most procedures are of short and children are discharged home the same day. As directed by your doctor encourage normal food, fluids and activity to reduce the risk. Please speak to the nursing staff should you have any concerns.

Discharge

Once your child is able to go home, our staff will go through what you need to do at home to care for your child as per the Doctors instructions. If you have any questions or concerns, please do not hesitate to ask. If your child needs medications to care for them at home, these may be provided by our Pharmacist or you will be given as script to obtain from a Pharmacy of your choice.

If you have any concerns following discharge please contact your doctor or the Hospital Co-ordinator on [03 8804 4261](tel:0388044261).

We look forward to partnering with you in caring for your child at Ringwood Private Hospital.

